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PROFESSIONAL DRESS

- There is a difference between “Fashion” and “Professional Dress”
- Both men and women should be well groomed
- Hair should be out of your eyes and conservative
- No face piercings
- Cover tattoos
- No cologne or perfume
- Wear black, navy or dark grey suits
- Go easy on the self-tanning lotion
- Look at yourself sitting down
- Ask for advice

**MEN**

- Suit – best choice – light weight wool  
- Shirt – best choice – white  Should be long sleeved, professionally starched and pressed  
- Tie – best choice – striped  tie  Make sure front is longer than the back  
- Undershirt under dress shirt  
- Belt – no big belt buckles  
- Dress socks  
- Shine shoes  
- Minimal jewelry – watch and one ring

**Suggested retailers:**  
*Joseph A. Banks, Brooks Brothers (Outlet Stores), Dillard’s, Macy’s, Nordstroms*

**WOMEN**

- Suit – best choice – suit with a skirt  
- Nothing low cut  
- Conservative shoes – best choice – pumps  
- One pair of earrings  
- One ring  
- Wear hose  
- Purse – best choice – briefcase  Make sure it’s professional looking – no beach bags  
- Make-up should be conservative – no glitter  
- Fingernails – conservative/professional – no “glamour polish” – not too long

**Suggested retailers:**  
*Talbots, Brooks Brothers (Outlet Stores), Dillard’s, Nordstroms, Macy’s, Ann Taylor*