

# ATHLETICS

**OFFICE/AREA:** ATHLETICS

**POSITION:** STUDENT TRAINER

## **DESCRIPTION OF DUTIES:**

The athletic training room student worker works under the supervision of the athletic trainer. He/She will be responsible to perform a variety of duties as assigned by the athletic trainer.

These duties include but are not limited to:

- Game/Practice Set up
  - o Stretching
  - o Taping/bracing
  - o Water
- Games/Practices
  - o Supervise all practices and games to ensure health and safety of involved athletics.
  - o Perform tasks as needed during games/practices
- Rehabilitation/Emergency Care
  - o Assist the athletic trainer with rehabilitation of injuries
  - o Assist the athletic trainer manage injuries-ranging from. minor to severe while staying within trained limitations
  - o Serve as a first responder in situations where the athletic trainer is not immediately available.
- Post Practice/Games
  - o Help to provide athletes with post game treatments as needed including: ice, modalities, stretching.
- General
  - o Perform tasks to maintain the athletic training room including: cleaning, organizing.
  - o Assist with paperwork as needed
  - o Assist with other tasks as assigned by the athletic trainer

Student workers will be able to work alongside an athletic trainer and staff to help them increase their knowledge of various topics within the sports medicine field. The candidate should have the following qualifications:

- Ability to work as a team player
- Ability to be reliable and adaptable to flexible schedules as needed
- Be able to handle themselves well in stressful situations
- Be able to maintain confidentiality
- Interest in working around sports and learning new things to better help the athletes
- The ability to work early morning, late nights, and weekends